

Coronavirus autumn booster jab



Why do I need a booster jab?

After a while, most **vaccines** do not work as well as when they are first injected into your body.



A **vaccine** is medicine that helps your body to fight an infection in the future.



The government says that a **booster jab** will make it less likely that you will need to go to hospital if you get coronavirus.



A **booster jab** is an extra dose of a vaccine.





The booster jab people can get at the moment is called the autumn booster.

Who can have the autumn booster?

You can have the autumn booster now if you are:

- 65 years old or over
- pregnant
- living in a care home for older people
- 5 years old or over and more likely to become very unwell from coronavirus (this includes people with a learning disability)
- 5 years old or over and have a weak immune system



Your **immune system** is how your body fights off infections, like a cold or the flu.







You can also have an autumn booster now if:

- you work in health or social care and see the people you support
- you are a paid or unpaid carer aged 16 or over
- someone in your family has a weak immune system



Who has to wait for the autumn booster?

If you are aged 50 to 64,



or you are a paid or unpaid carer aged 5 to 15



and you are not in any of the other groups





you will have to wait for your autumn booster.



Who should not have the autumn booster?

You should not have your autumn booster if you are unwell or if you have coronavirus.



If you are unwell, wait until you feel better.



If you have coronavirus, it is a good idea to wait for 4 weeks before you have your autumn booster.





If you were very unwell after a coronavirus vaccination, you should talk to your GP to see if it is a good idea to have the autumn booster.



How do I book my autumn booster?

If you live in England and are not in the groups that have to wait, you can book your autumn booster:



• on the NHS website



• by phoning 119







You should have your autumn booster at least 3 months after your last coronavirus injection.



You can also go to a walk-in coronavirus vaccination site.



You do not need an appointment to go to a walk-in coronavirus vaccination site.



For more information about walk-in coronavirus vaccination sites <u>visit the NHS</u> website.



If you live in a care home, talk to a member of staff or the manager about how to get your autumn booster.





If you are aged 5 to 15 and live with someone who has a weak immune system,



you will need to go to a walk-in coronavirus vaccination site



or book an appointment at your GP surgery.

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