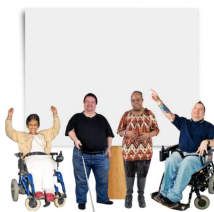


THE MAIN WORK WE HAVE DONE IN 2021 AND 2022

**EASY
READ**

mencap

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About this report

We are Mencap.



We are working to make the UK the best place in the world for people with a learning disability.



This report is called our Annual Review.

It tells you the main things we have worked on in the last year.



We have an exciting new plan about all the work we are doing.

It is called our Big Plan.



We are working with people with a learning disability, their families and many other people on our plan.



The main work we have done so far on our Big Plan

There are 5 areas of work we will talk about.

Area of work 1.

Making sure that our support is right for people and makes their lives better

Some of our main work

We gave support to many people with a learning disability in England, Wales and Northern Ireland.

We worked hard to do that during Covid-19.

Our support services help people to do important things like:

- Go shopping and cook
- Get a job





- Meet friends and do new things
- Use computers and the internet

We want to support people with a learning disability to have the life they want.



We started an exciting new way to do that.

We plan to ask people every year about different parts of their lives.

Like money and relationships.



That will help people to decide what is working well for them and what they want to change.

Then we can support people to make the changes they want.



We are also trying out a new way to work with our support staff.

For example, we are making sure that they have better information and support.



And we are making sure they can make more decisions on their own.

That should help our staff to work better with people with a learning disability to give them the support they want.

We will see how this idea works in more support services next year.

Getting ready for work



We have supported many people with a learning disability to get work or learn important skills for work.

For example, we are supporting many companies to give work and training to people with a learning disability.

Other work



- We have some projects to give better support to children and families.
- We also looked at many of the support services we give people. That helped us to see what to carry on with and what to change.



Area of work 2.

Helping to change things in the country for people with a learning disability

Some of our main work

Health and mental health



We made sure that people with a learning disability can get vaccines for Covid-19 sooner than many other people.

The vaccines help to keep people safe from Covid-19.

We helped to make sure that all health and care staff in England must get training about learning disability and autism.

That will help them to give people better care.

There is some extra health care that people with a learning disability can get.

Like health checks every year.





We are helping many more people with a learning disability to get this care.

That includes some groups of people who found it harder to get the care before.



We are doing more work on mental health.

Mental health is about how you feel.

For example, many people with a learning disability felt sad and lonely during Covid-19.



We helped to make some easy information about mental health and Covid-19.

We will also start a big piece of work next year to get better mental health support.

Better care and support in the community



We are working to change things

so that people with a learning disability get the care and support they need.



For example, we are helping to make fairer laws about care and support.

And we are trying to get more money from the government for care and support.

That includes better pay for support workers.



Many people with a learning disability still live in mental health hospitals.

They cannot leave even if they want to.



We are working to make sure that more people with a learning disability can leave mental health hospitals.

They should be able to live in the community near family and friends instead.

Working to stop people with a learning disability being hurt



We have been working to stop bullying.

This is where people with a learning disability are hurt or treated badly by other people.

For example:



We made videos of different people with a learning disability and what is important to them.

That is helping to change the way that people think about people with a learning disability.



We are working to keep people safe on the internet and social media, like Facebook and Twitter.

For example, we are helping with a new law about keeping people safe on the internet.



Area of work 3. Giving people good information and advice

Our main work

We made a plan to give people better information and advice in England, Northern Ireland and Wales.



We have some phone lines that people can call to get information and advice from us.

The phone lines have been very busy during Covid-19 when there have been big problems.



For example, many support services have closed.

And there are big money problems for people in the country.



We are getting more staff to give people information and advice.



Area of work 4.

Finding out better information

Our main work

We are working to get much better information about people with a learning disability.

That will help us to know what people with a learning disability and their families need.

And it will help us to change things.

For example:

We started looking into what people with a learning disability want from work.

We will also look at how to make it easier for people with a learning disability to get work.

We made some questions to find out what support people with a learning disability in the UK need. We will share what we find out.





Area of work 5.

Supporting people in local areas to come together to change things

Our main work

We are trying out a new way to work with people in local areas.

We want to support more people with a learning disability and other people to work together to change things.



That will help to solve problems for people with a learning disability and make things better.



It will also help local people to meet each other, learn new skills and have their say.



Making Mencap a better place to work

We are making Mencap an even better place for all groups of people to work.

For example:

We are working to make sure that all our staff are paid fairly. That includes our support workers.



We are making sure that we listen to all our staff so they can have their say.

We are making sure that people with a learning disability and other groups of people help us to make big decisions.

A group of people with a learning disability already help us to make decisions.

They are called the Voices Council.

They will be an even bigger part of our work in the future.

