Right now, people with a learning disability face inequality in every area of life.



DID YOU KNOW

Almost **1 in 3** young people with a learning disability spend less than 1 hour outside their home on a typical Saturday

Only **6%** of adults with a learning disability in England are known to be in paid work by their local authority

14% of children with a learning disability identify themselves as having no friends, compared to one per cent of children without a learning disability WITH YOUR SUPPORT WE CAN MAKE THE UK THE BEST PLACE IN THE WORLD FOR PEOPLE WITH A LEARNING DISABILITY.

£10

could pay for equipment to help people with a learning disability get involved in a new sport.

£20

could provide vital information and advice to the family with a learning disability. There is such a high demand for our services, with your help we can support people to feel less alone and more independent.

£250

could help us develop virtual services so people with a learning disability can still access vital support in their own home.

£500

could help us provide a training programme for parents of a child with a learning disability so they can give them the best start in life.



Sandra* is 36 years old and has 3 children. Her 7-year-old son has a diagnosis of Autism, Global Developmental Delay and Sensory Processing Difficulties.

After being referred to the Children's Centre in Newham where Mencap works he was diagnosed by a paediatrician at 3½.

His parents have worked hard to make sure that his learning at school also happens in the family home. By making small steps her son has already begun to progress in being able to communicate using his iPad to express what he needs, counting and learning independent skills at school.

Sandra is now a Mencap Parent Caregiver Facilitator working with Mencap at a Children's Centre with parents who have children with additional needs.





Find out how you can help us make a difference and email community.fundraising@mencap.org.uk