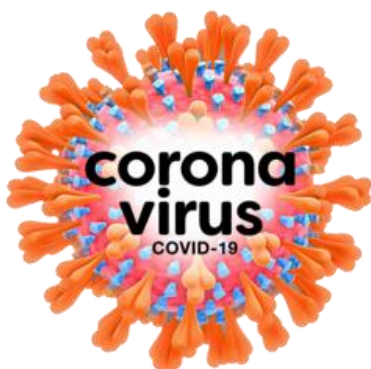


Why should I do a rapid lateral flow test?



A rapid lateral flow test is a test you can do to see if you have coronavirus.



You can do the test at home or at a rapid lateral flow test centre.



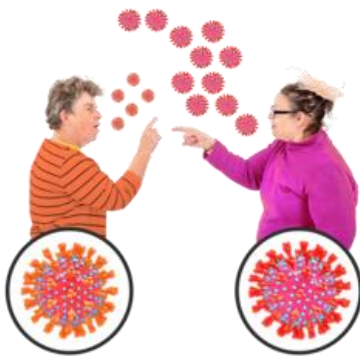
A rapid lateral flow test is sometimes called a LFD test.



LFD stands for lateral flow device.



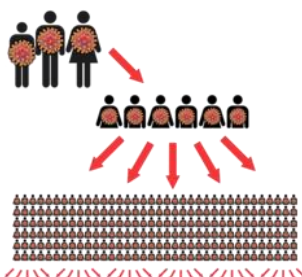
Lots of people who have coronavirus do not know that they have it because they do not have any symptoms.



They might spread coronavirus to other people.



The government wants everyone to do rapid lateral flow tests so that people can find out if they have coronavirus.



This will help to stop coronavirus spreading to other people.



You should only do a rapid lateral flow test if you do not have any of the main coronavirus symptoms:

- a cough
- a high temperature
- a loss of taste or smell



If you feel nervous about doing the test, you can ask someone you trust to be with you.



To do the test, you might have to put a long stick called a swab in your mouth.



You will need to put the swab up your nose.



You will need to read the instructions in the box to find out what you need to do for the test you have.



If you find it difficult to do the test, you can ask someone to help you.



The instructions will tell you how long you need to wait for the test result.



There are 3 results you can have from your lateral flow test:

- negative
- positive
- **void**



A **void** result means that the test did not work properly.



You should report your test result each time you do a test.



You can report your test result:

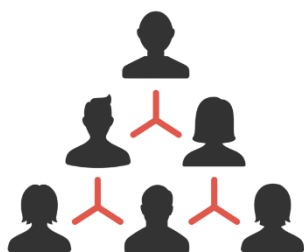
- online at <https://www.gov.uk/report-covid19-result>
- by phoning 119



If you have a positive result from a lateral flow test, you must self-isolate.



If you report a positive result from a lateral flow test, NHS Test and Trace will contact you to ask who you have been in close contact with.



This is to work out who else might be at risk from catching coronavirus.



You can find out more about NHS Test and Trace in our easy read document on [this page of the Mencap website](#).

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Thanks to Photosymbols for helping to make this easy read.