What will happen if I have coronavirus?

How will I know if I have coronavirus?

Some people who have coronavirus do not know they have coronavirus. They feel well, or feel as if they have a cold.

Some people who have coronavirus feel poorly.

People who have coronavirus may:

- have a high temperature
- have a cough
- lose or have a change in their sense of taste or smell
If you have a positive test result from a coronavirus test, it means you have coronavirus.

What will happen if I have coronavirus?

If you have a positive test result from a coronavirus test, you will need to stay at home and self-isolate.

This means you will need to spend as much time as possible by yourself.

If you live with other people, you will need to try not to be in the same room as them.
What will happen if I need other people to help me?

If other people help you to do things at home, they might ask you to do more things by yourself.

This might include washing yourself or getting yourself dressed.

People who help you might tell you how to do things instead of doing things for you.

This might include brushing your teeth or taking your medication.
When people help you they might do things a bit differently

The people helping you will need to wear protective equipment like gloves, aprons and masks.

This might make them look a bit different, but it will help them to keep everyone safe.

What can I do to help?

These changes might be difficult for you and everyone around you.

Talk to family and friends and people who help you to let them know how you feel.
When you have finished self-isolating, it is okay for you to go out and see your friends and family again.

For more information about what to do if you have coronavirus, go to https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance

This information was made with thanks to Photosymbols.