



March

29

The coronavirus rules from Monday 29th March



The coronavirus rules in England have changed.



The changes are part of the Government's plan so:

- things can go back to normal
- we can make the changes safely



Some people call the plan a 'road map'.







Click <u>here</u> for the Government's easy read road map.



If you break the coronavirus rules, you can get in trouble with the police and may have to pay a fine.



These are the things you can do.



You can meet up with friends or family outdoors.







Outdoors means places where anyone can go like the park or the beach.



It is also ok to meet up with people in a private garden.



You can meet outdoors in a group of up to 6 people.



The 6 people can be from any household or support bubble.







People from 2 households can meet together outdoors.



A support bubble counts as 1 household.





It is okay for more than 6 people to meet outdoors if they are from 2 households or support bubbles.



If you have a carer or support worker with you, they are not counted.







You can play sports outdoors if they are organised by a club.



You can use basketball and tennis courts outdoors.



Open air swimming pools can reopen.



If you belong to a parent and child group, up to 15 people in the group can meet outdoors.







Children under 5 years old are not counted in the 15.



Only travel when you need to.



This might mean doing a few things when you go out instead of going out 2 times.



It is still important to:

• wash your hands often







• not touch your face



• give people space



For more information about the rules, click <u>here</u> (not in easy read).

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