Moving Into A New Home

Moving into a new home can be scary.

You might feel a bit frightened. Its ok to feel like this.

We all feel this way when there are changes in our life.

You have moved house from the hospital to make sure you and people that you lived with before are safe.
Moving into your new home has happened quickly and we know you might feel upset and confused.

If you haven’t been moved in to a house that you had chosen this is probably because it had to be done quickly.

This is because the hospital needs beds for people that are really poorly.

You will have your own bedroom. This is your space and you can decorate it however you like.

You can keep you own things in your room to make you feel at home.
We will support you to have all your things in your new home.

If you have been poorly the support workers might have to clean your things before you put them where you want them.

This will help stop anyone else getting poorly.

We will support you to get your things from where you lived before.

We might not be able to do this straight away but we will make a plan with you.

People have thought about where would be the best place for you to live.
Some of the people that will help decide where you live will be your family and friends, or other people like social worker or doctor.

Staff at your new home are called Support Workers and they will support you with everything that is important to you.

Support Workers at your new home will support you to feel better, and feel at home quickly.

They will want to get to know you and all the things that make you happy so they will speak to you about the things you like and don’t like.
When you are ready Support Workers will start to talk with you about how to fill in some ‘getting to know you’ documents.

This will help us get to know the things that are important to you.

We can also speak to your family and friends if you want us to.

We can spend time with you to understand anything that is making you feel worried.

We understand if you miss your home and the people you lived with before, it is ok to feel like this.

We will help you to keep in contact with people that are important to you.

Your family or friends are not able to visit you at the moment but you can speak to them on the phone.
We could also use a computer so you could see your family and friends when you talk to them.

We can ask people that are important to you to send photographs of themselves to your new home, if you want us to.

Your friends and family will be able to visit you at your home.

This might not be able to happen straight away because they might be Social Distancing or Self Isolating.

We have some information about what Social Distancing and Self Isolation means, Support Workers can explain it to you with easy read documents.
We will find out about what you like to do but because of social distancing we might not be able to support you to do them just yet.

If you still have the Coronavirus you might have to self-isolate in your room.

Support Workers will still support you with all the things you need.

People who support you with your health will still be involved in your support too.
There will be other people with Learning Disabilities that live in your new home.

We hope you will make friends with the people you live with.

We will help you to plan some nice things to do together if you want to.

If you don’t feel happy it is important that you talk to someone.

This could be family or a friend.

Or you can talk to the staff that support you.

This guide was made with thanks to Photosymbols.