

What is Black History Month?



Black History Month is held every October.



It is a month when we all come together to learn more about what black people have done in our history.



We need to talk about black history more, because often people do not learn about it at school or on TV.



Black people have changed the world as much as anyone else, so it is important for us all to learn about their achievements.



Here are some of the people from black history you could learn about.



Mary Seacole was a British-Jamaican nurse in the 1800s. She set up her own hospital to help soldiers in the Crimean War.



Harriet Tubman escaped slavery in America and helped many others to escape too.



Nelson Mandela fought to end racist laws in South Africa, and became the country's first black prime minister.



If there is a part of history you're interested in, black people were probably part of it.



You can learn about them and understand history better.



Black history isn't just interesting for black people – it affects all of us!