



## Mencap's social care survey

Social care means support for children, young people and adults who need extra help or support with everyday life.



This might be cooking, shopping, getting washed and dressed, or support with managing money and getting a job.



Mencap asked the families of people with a learning disability some questions about their lives during lockdown.



**1069** people answered our questions.



7 out of 10 people told us that some or all of the social care or professional support that their family member with a learning disability gets has been cut or reduced.



4 out of 5 people told us they have had to take on more care for their family member with a learning disability during lockdown.



More than 2 out of 3 people told us the person with a learning disability they support has needed more support than normal during lockdown.



Not having as much social care support has been bad for people with a learning disability.



Their families told us that their mental health, relationships, physical health and independence have all been made worse.



More than half of the family carers found it hard to cope during the lockdown.



**7 out of 10** people told us that they are worried about there being more cuts to social care.



Mencap asked councils about how much money they have spent.



Mencap also asked how many hours councils have used to support people with a learning disability over the last few years.



We found out that councils have been spending less and less money on these people.



Almost 1 out of every 20 adults with a learning disability had their care cut in 2019



Edel Harris, Chief Executive of Mencap, said:



“Social care has had years of under-investment. People with a learning disability and their families are paying the price.”



Mencap will not allow this to happen. “Social care needs more money to be invested.”



People with a learning disability and their families must not be left behind in lockdown.”