



## Learning Disability and Sport Workshop

Developed through a partnership between Mencap Sport and Special Olympics Great Britain this workshop looks at learning disability and sport. It aims to help clubs, coaches and providers of sport understand how to support people with a learning disability to access sporting opportunities in an inclusive environment.

### What does the workshop cover?

- What is a learning disability?
- The issues and barriers people with a learning disability face when accessing sport
- Different ways of communicating with people with a learning disability
- Different ways of including people with a learning disability in sport
- How to promote sport to people with a learning disability
- Different pathways and opportunities available in learning disability sport

## **Who is the workshop for?**

The workshop is aimed at anyone who wants to know more about learning disability and sport; whether that is professional sports staff, coaches, leisure centre staff or volunteers.

## **Quotes from previous workshop attendees:**

"A good workshop that covered valuable points to increase my knowledge and confidence when working with people with a learning disability."

"A good insight into the difficulties faced by people with a learning disability and ways in which to overcome these barriers."

## **Duration:**

3 hour workshop

## **Attendees:**

A minimum of 10 and maximum of 25 attendees.

## **Venue requirements:**

A classroom big enough to cater for the attendees, a projector and flipchart.

## **Cost:**

£400 includes tutor costs and resource books (excludes VAT).

## **How to book:**

Contact Mencap Sport with 2 provisional dates and a venue location at least 1 month in advance. Mencap Sport will then source a tutor and confirm the workshop. Email [sport@mencap.org.uk](mailto:sport@mencap.org.uk).