

Mencap National Athletics Championship

Saturday 29th June 2019

Place	Bib Number	First name	Surname	Age group	Gender	Club	Time
U15, U17 & U20 Male 80m Hurdles			Wind -0.4 M/S				
1	200	Benjamin	Whittaker	U20	M	Blackburn Harriers	12.07
2	218	Harvey	Nyul	U17	M	Forest Way School	16.80
3	228	Nathan	Shorthouse	U15	M	Forest Way School	17.48
4	219	Alfie	Nyul	U17	M	Forest Way School	17.84
5	222	Luke	Finney	U17	M	Forest Way School	18.37
U15 Male 100m		Wind -1.7 M/S					
1	232	Shay	Martin	U15	M	Stormont House School	13.78
2	237	D'Oyen	Pencile	U15	M	Stormont House School	14.09
3	234	Arjun	Singh	U15	M	Stormont House School	14.30
4	229	Kelton	Turner	U15	M	Forest Way School	14.49
U17 Male 100m		Wind -1.8 M/S					
1	210	Griffith	Biembongo	U17	M	Pinewood School	12.19
2	192	Taylah	Fothergill	U17	M	Special Olympics Worthing	13.82
3	217	Brandon	Faxon	U17	M	Forest Way School	14.11
4	219	Alfie	Nyul	U17	M	Forest Way School	15.27
5	207	Ahmad	Yousuf	U17	M	GLL	15.35
6	224	Jayden	Wileman	U17	M	Forest Way School	15.45
7	190	Toby	Chadwick	U17	M	Special Olympics Worthing	15.82
8	240	Dylan	Lighthowler	U17	M	BDSL	16.32

U20 Male 100m Wind -1.1 M/S

1	202	Steven	Stone	U20	M	Falkirk/Forth Valley Flyers	12.02
2	173	Joel	Mattacka	U20	M	Bath AC	12.18
3	200	Benjamin	Whittaker	U20	M	Blackburn Harriers	12.30
4	203	Samuel	Jose	U20	M	Cornwall AC	12.37
5	239	Joseph	Mitchell	U20	M	BDSL	13.22
6	189	Dan	Price	U20	M	Special Olympics Worthing	13.27
7	174	Callum	Ballantyne	U20	M	Red Star AC	13.56
8	193	Dougie	Beighton	U20	M	Special Olympics Worthing	14.29

SEN Male 100m Wind -2.4 M/S

1	184	Reece	Palmer	SEN	M	Chester and District	11.92
2	238	Nathan	Mitchell	SEN	M	BDSL	12.44
3	198	Toby	Markham	SEN	M	Newham & Essex Beagles AC	12.59
4	177	Nathan	O'Mara	SEN	M	BDSL	17.77
5	231	Shaquille	Eusebe	SEN	M	Victoria Park & Tower Hamlets	12.82
6	180	Conrad	Davis	SEN	M	Bexley AC	13.36
7	178	Owen	Sangster	SEN	M	BDSL	17.03

U15 & U17 Female 100m Wind -0.8 M/S

1	191	Ella	Kemp	U17	F	Special Olympics Worthing	16.44
2	211	Izzy	Betts	U17	F	Pinewood School	16.94
3	235	Angelina	Julien	U15	F	Stormont House School	16.99
4	215	Jasmine	Henry	U17	F	Pinewood School	16.99
5	236	D'Yah	Alfred	U17	F	Stormont House School	17.06
6	227	Aimee	Daley	U17	F	Forest Way School	18.22
7	216	Chantelle	Hastings	U17	F	Pinewood School	19.59

U20 Female 100m Wind -0.8 M/S

1	176	Esme	O'Connell	U20	F	Dacorum and Tring AC	13.83
2	233	Victoria	Attiapo	U20	F	Stormont House School	14.59
3	194	Lacey	Hughes	U20	F	Special Olympics Worthing	16.18
4	188	Emily	Scally	U20	F	Special Olympics Worthing	17.47
5	183	Evie	Gaddas	U20	F	BDSL	19.65
6	205	Lauren	Watson Jacklin	U20	F	GLL	28.92

SEN Female 100m Wind -1.8 M/S

1	208	Martina	Barber	SEN	F	Stevenage and North Herts	13.51
2	168	Hetty	Bartlett	SEN	F	Orwell Panthers	14.19
3	204	Charlotte	Cox	SEN	F	Cambridge and Coleridge	16.25
4	206	Serena	Bradshaw	SEN	F	GLL	16.47
5	171	Mollie	Gaddas	SEN	F	BDSL	17.18
6	170	Caitlyn	Ross	SEN	F	Forth Valley Flyers	18.34

U15 Male 200m Wind +0.0 M/S

1	212	Farai	Jamu	U15	M	Pinewood School	28.43
2	237	D'Oyen	Pencile	U15	M	Stormont House School	29.21
3	232	Shay	Martin	U15	M	Stormont House School	29.45
4	229	Kelton	Turner	U15	M	Forest Way School	29.57
5	269	T-Jay	Wilson	U15	M	BDSL	34.17

Heat 1

U17 Male 200m Heats Wind -1.3 M/S

1	190	Toby	Chadwick	U17	M	Special Olympics Worthing	30.59
2	219	Alfie	Nyul	U17	M	Forest Way School	31.93
3	224	Jayden	Wileman	U17	M	Forest Way School	32.16
4	240	Dylan	Lighthowler	U17	M	BDSL	33.2

Heat 2

1	210	Griffith	Biembongo	U17	M	Pinewood School	24.25
2	226	Freddie	Bradley	U17	M	Forest Way School	27.63
3	192	Taylah	Fothergill	U17	M	Special Olympics Worthing	28.97
4	218	Harvey	Nyul	U17	M	Forest Way School	29.55
5	207	Ahmad	Yousuf	U17	M	GLL	31.82

U17 Male 200m Final Wind -0.4 M/S

1	210	Griffith	Biembongo	U17	M	Pinewood School	24.74
2	226	Freddie	Bradley	U17	M	Forest Way School	28.17
3	192	Taylah	Fothergill	U17	M	Special Olympics Worthing	29.02
4	190	Toby	Chadwick	U17	M	Special Olympics Worthing	31.21
5	224	Jayden	Wileman	U17	M	Forest Way School	32.53
6	207	Ahmad	Yousuf	U17	M	GLL	32.64

U20 Male 200m Wind -0.6 M/S

1	200	Benjamin	Whittaker	U20	M	Blackburn Harriers	24.10
2	202	Steven	Stone	U20	M	Falikir/Forth Valley Flyers	24.47
3	173	Joel	Mattacka	U20	M	Bath AC	26.73
4	189	Dan	Price	U20	M	Special Olympics Worthing	27.11
5	174	Callum	Ballantyne	U20	M	Red Star AC	28.03
6	193	Dougie	Beighton	U20	M	Special Olympics Worthing	29.88

Heat 1

SEN Male 200 Heats **Wind -1.1 M/S**

1	184	Reece	Palmer	SEN	M	Chester and District	24.25
2	181	Iwobi	Chukwunweike	SEN	M	Colwyn Bay Athletics Club	24.47
3	238	Nathan	Mitchell	SEN	M	BDSL	25.16
4	177	Nathan	O'Mara	SEN	M	BDSL	26.14
5	179	Matthew	Houghton	SEN	M	Epsom and Ewell Harriers	30.23

Heat 2

1	201	Vincent	Charles	SEN	M	Owls Athletics Club	24.88
2	198	Toby	Markham	SEN	M	Newham and Essex Beagles AC	25.29
3	180	Conrad	Davis	SEN	M	Bexley Athletics Club	28.02
4	178	Owen Sangster	BDSL	SEN	M	BDSL	35.98

SEN Male 200 Final **Wind -1.0 M/S**

1	184	Reece	Palmer	SEN	M	Chester and District	24.08
2	201	Vincent	Charles	SEN	M	Owls Athletics Club	24.67
3	181	Iwobi	Chukwunweike	SEN	M	Colwyn Bay Athletics Club	24.81
4	238	Nathan	Mitchell	SEN	M	BDSL	25.18
5	198	Toby	Markham	SEN	M	Newham and Essex Beagles AC	25.31
6	177	Nathan	O'Mara	SEN	M	BDSL	26.53
7	180	Conrad	Davis	SEN	M	Bexley Athletics Club	27.21

U17 Female 200m **Wind -1.3 M/S**

1	162	Rebecca	O'Rourke	U17	F	Havering	32.60
2	211	Izzy	Betts	U17	F	Pinewood School	36.49
3	191	Ella	Kemp	U17	F	Special Olympics Worthing	36.78
4	227	Aimee	Daley	U17	F	Forest Way School	40.20

U20 Female 200m Wind -1.4 M/S

1	233	Victoria	Attiapo	U20	F	Stormont House School	32.81
2	194	Lacey	Hughes	U20	F	Special Olympics Worthing	35.31
3	188	Emily	Scally	U20	F	Special Olympics Worthing	37.64

SEN Female 200m Wind +1.0 M/S

1	208	Martina	Barber	SEN	F	Stevenage and North Herts AC	27.50
2	168	Hetty	Bartlett	SEN	F	Orwell Panthers	30.03
3	195	Margaret	Newell	SEN	F	Law and District AC	31.19
4	204	Charlotte	Cox	SEN	F	Cambridge and Coleridge	34.21
5	171	Mollie	Gaddas	SEN	F	BDSL	38.57

U15, U17 & U20 Male 400m

1	239	Joseph	Mitchell	U20	M	BDSL	58.83
2	173	Joel	Mattacka	U20	M	Bath AC	1.00.84
3	212	Farai	Jamu	U15	M	Pinewood School	1.08.49
4	226	Freddie	Bradley	U17	M	Forest Way School	1.10.56
5	221	Adam	Cladingboel	U20	M	Forest Way School	1.19.48

SEN Male 400m

1	164	Kieran	O'Hara	SEN	M	Havering	54.36
2	163	Daniel	Wolff	SEN	M	Epsom and Ewell Harriers	55.37
3	201	Vincent	Charles	SEN	M	Owls Athletics Club	55.51
4	181	Iwobi	Chukwunweike	SEN	M	Colwyn Bay Athletics Club	55.78
5	238	Nathan	Mitchell	SEN	M	BDSL	57.44
6	231	Shaquille	Eusebe	SEN	M	Victoria Park and Tower Hamlets	59.04
7	177	Nathan	O'Mara	SEN	M	BDSL	1.01.20

SEN Female 400m

1	195	Margaret	Newell	SEN	F	Law and District AC	1.12.48
2	171	Mollie	Gaddas	SEN	F	BDSL	1.31.54

U20 Male 800m

1	165	Cormac	O'Hara	U20	M	Red Star AC	2.15.76
2	221	Adam	Cladingboel	U20	M	Forest Way School	2.31.96
3	269	T-Jay	Wilson	U20	M	BDSL	2.58.71

SEN Male 800m

1	163	Daniel	Wolff	SEN	M	Epsom and Ewell Harriers	2.03.67
2	164	Kieran	O'Hara	SEN	M	Havering	2.04.77
3	179	Matthew	Houghton	SEN	M	Epsom and Ewell Harriers	2.23.51
4	182	Mohammad Azam	Qureshi	SEN	M	BDSL	2.43.09

U17 & SEN Female 800m

1	195	Margaret	Newell	SEN	F	Law and District AC	2.42.93
2	196	Jordan	Lacey	SEN	F	Harlow AC	2.46.89
3	162	Rebecca	O'Rourke	U17	F	Havering	2.56.53

U20 & SEN Male 1500m

1	165	Cormac	O'Hara	U20	M	Red Star AC	4.37.35
2	179	Matthew	Houghton	SEN	M	Epsom and Ewell Harriers	4.48.52
3	164	Kieran	O'Hara	SEN	M	Havering	5.07.37
4	167	Darren	Carruthers	U20	M	Red Star AC	5.30.51
5	221	Adam	Cladingboel	U20	M	Forest Way School	5.32.56
6	182	Mohammad Azam	Qureshi	U20	M	BDSL	6.12.50

U17 & SEN Female 1500m

1	196	Jordan	Lacey	SEN	F	Harlow AC	5.37.43
2	162	Rebecca	O'Rourke	U17	F	Havering	6.32.75