On **Thursday 23rd May 2019** people will vote for who they want to represent them in the European Parliament.

People who sit in the European Parliament are called Members of the European Parliament (MEP).

The UK is divided into 12 electoral regions for the European Parliamentary elections.

Each electoral region elects a different number of MEPs depending on how many people live in each area.
The ballot paper will have a list of parties and sometimes a name if a person is standing as an independent.

Independents are people that stand for election but are not in a political party.

You vote by putting a cross in the box next to the party or person you want to vote for.

A Poll Card will be sent to you and it will tell you where you can vote. You don’t need to take the Poll Card with you to vote.

Remember, people with a learning disability have as much right to vote as anyone else.

Don’t let anyone tell you differently!

Call Mencap if you would like more information: 0207 696 6009