

Mencap conditions of entry to the 2019 1km/5km/10km events.

1. These terms and conditions apply to your place in the 2019 1km/5km/10km events provided by Mencap.
2. Children aged 11 and under can participate in the 1km or 5km route. Children 11 and over can participate in the 10km. All children under 14 must take part with a participating adult.
3. You enter the running event entirely at your own risk and Mencap shall not be liable for any injury or loss which you may suffer or incur as a result of your participation in this event.
4. You must abide by the rules, instructions and regulations provided by Mencap staff, contracted agencies, officials and police.
5. If you are unsure of your physical ability to take part, you should take medical advice from your doctor to ensure that you are physically fit to participate and it is extremely important that you are realistic about your abilities to participate.
6. To receive a place at the 1km/5km/10km event, you must pay Mencap a non-refundable registration fee online or on the day.
7. You agree to try and raise £100, which is the recommended sponsorship target. We appreciate that this may not be possible, and just ask that you raise as much as you can.
8. The registration fee is refundable only if the event is cancelled by Mencap. The registration fee will not be refunded for any other reason. If you withdraw you must notify Mencap on 020 7696 6946 or email events@mencap.org.uk.
9. If for any reason you choose not to take part or the event is cancelled, all sponsorship forms and money collected must be forwarded to Mencap and will not be refunded without a written request from individual sponsors.
10. You must pass onto Mencap all monies raised in connection with the event. You can:
 - a) Pay online with your credit or debit card
 - b) Raise funds through [JustGiving](#) or [Virgin Money Giving](#)
 - c) Send cheques made payable to Mencap, Events Team, 123 Golden Lane, London, EC1Y 0RT.

11. By taking part in the event, you confirm that you are happy for your name, footage or photographs taken during your participation in the 2019 5km/10km events to be used to publicise Mencap's work. Any photographs or video footage may be used on Mencap's website or social media networks unless otherwise specified.

12. In fundraising for Mencap you agree:

- a) To submit all used and unused sponsorship forms.
- b) Not to reproduce Mencap's logo without permission.
- c) Not to collect in a private place without first obtaining a collector's licence from the local authority.
- d) Not to raise funds by carrying out house to house collections.
- e) Not to raise funds by conducting a public lottery or raffle.
- f) Not to do anything to bring the name of Mencap into disrepute.

