

Belfast City Marathon Pledge Form

Name: _____

Thanks for signing up to **#StepUp4Mencap**
Please choose your event below and tick to pledge
the minimum amount of sponsorship you plan to
raise. Thanks for supporting children and young
people with a learning disability.



Fun Run (Target £50 – £100)

£50 could pay for someone to
attend a training session
to learn how to use the bus on their own
for the first time, so they can be more
independent.

☐ I pledge to raise min £50

8 Mile Walk (Target £100 – £150)

£100 could pay for a Makaton
sign language programme
training session to help children and parents
communicate.

☐ I pledge to raise min £100

Relay (Team target £500 – £750)

£500 could provide a
specialist one-to-one
carer for 2 months, helping a young person
with a learning disability to get the support
that they really need.

☐ I pledge to raise min £500

Marathon (Target £750 – £1,000)

£1000 could help provide
2 months of music
therapy for children with a learning disability
– allowing children to learn in a fun,
interactive and vibrant way.

☐ I pledge to raise min £750

Individuals who raise:

- £150 (or team total of £750) will receive a Mencap snood
- £250 (or team total of £1,250) will receive a Mencap water bottle
- £750 (or team total of £3,750) will receive a Mencap hoodie

Please return this form to: Mencap Centre, 5 School Road, Newtownbreda, Belfast BT8 6BT
Alternatively, please email: fundraising.ni@mencap.org.uk

