# Making it happen

Take action to get people with a learning disability, autism and/or challenging behaviour out of inpatient units

A guide for campaigners about Transforming Care Partnerships











## What is this guide about?



This guide says why it is important that people with learning disabilities, autism and challenging behaviour are not stuck in **inpatient units**.



**Inpatient units** are a special type of hospital.



This guide tells you what **NHS England** has said it will do to make sure people are not stuck units.



It tells you some things **you** can do to make sure NHS England keeps its **promise**.



It tells you what should happen in your local area and who is **in charge**.



## What is the problem?



In 2011 a TV programme showed people with learning disabilities, autism and challenging behaviour **being hurt** in an inpatient unit called Winterbourne View.



After that Winterbourne View was closed but there are still **lots of people** in other units.



They are often there for a long time and they are often far from home.



Sometimes they are given medication that they do not need.



Many people are stuck in units because there is not the right support available in the community.



The government has said that 'hospitals are not homes'.



But it is taking **too long** for things to change.



## What has been promised?



NHS England says there will be **lots of changes** in the next three years.



They say some of the beds in inpatient units will close by **March 2019**.



They say the **right support** will be there for people in the community.



There are groups of people working together in every area to make this happen.



Some of these people work in **social** care and some of them work in health.



There are 48 groups around England.

## TCP

These groups are called **Transforming Care Partnerships**.



Every group has someone in charge called a **Senior Responsible Officer**.



NHS England has said what **support** people should be able to get in the community.



NHS England says there is some **money** to help the groups to pay for it.



We need to make sure they **keep** their promises!



### Take action!



Here are some things you can do.



You could **write** to the person in charge at your local Transforming Care Partnership.



The person in charge is called the **Senior Responsible Officer**.



You can find their contact details on the NHS England website if you search for **Transforming Care**.



You might need someone to help you.



You could ask to see the local plan.



You could ask what **new support and services** there will be for people in the area.



You could ask **how many people** from your area are living in inpatient units.



Tell them if you think their plan is **good** or if there is **something missing**.



Tell them why you think this is important. You could share your experience.



You could ask the Senior Responsible Officer how you can **get involved** in the work the group is doing.



You could work with other people or groups, like self-advocacy groups.



There are **more questions** you could ask to find out what is happening where you live in an Easy Read guide called 'Hospitals are not homes'.





It was written by the National Forum of People with Learning Disabilities and the National Valuing Families Forum.



**Remember**, we would love to hear what you are doing and what you find out in your local area.



The contact details are on the next page.



### **Contact us**

If you would like support you can contact us here:



#### Mencap

Campaigns Team:

campaigns@mencap.org.uk

Helpline: <u>helpline@mencap.org.uk</u>

Telephone: 0808 808 111



### The National Autistic Society

Email: <a href="mailto:campaigns@nas.org.uk">campaigns@nas.org.uk</a>

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