



## Inclusive Library Catalogue



### The Youth Inclusion Hub Resource Library

The Youth Inclusion Hub was set up to encourage and support organisations who work with young people to become more inclusive of children and young people with a disability.

One of the ways we will be supporting organisations is through our inclusive resource library. The resource library consists of a range of items, from sports equipment to books for individuals who use Braille.







### Inclusive Library Catalogue

Sports Equipment		
Item Name	Item Image	Item Description
Fun Boccia Set		Boccia is a game similar to bowls. Boccia consists of two sets of coloured balls and a white ball is used as the target. It can be played outdoors and indoors. It is usually played whilst sitting down.
Fun Boccia Ramp		A Ramp can be used whilst playing Boccia to aid players who have physical difficulties. The ramp can be extended to twice its size.



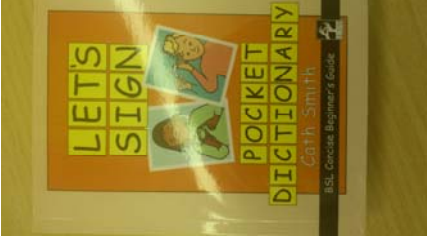

<p>Goal Ball</p>		<p>Goal ball is a sport that is targeted at young people sight impairments. Blindfolds are used to make this game inclusive to all. Players have to block the other teams ball (a jingle ball with bells inside) with their bodies. 2 teams of 3 are recommended but it is entirely up to the group how they wish to play.</p>
<p>6 Blindfolds</p>		<p>See above</p>

Kurling Stones set






Kurling is a game suitable for disabled and non-disabled young people. It is played indoors on a smooth, flat surface. The object of the game is to slide the stones on to the target area.





Kurling Target Set		See above
Pusher Heads and Handles set		Pusher heads and handles can be used whilst plying kurling to aid individuals who have physical difficulties.
Kurling Ramp		A kurling ramp can also be used to aid individuals who have physical difficulties.
24 Nylon Bibs-Senior (bright colours)		These are helpful for individuals who have sight impairments.
10 standard Hoops		There are many inclusive games and activities that can be played using hoops. Such as obstacle courses.
16 Bean Bags (bright colours)		Bright coloured bean bags are useful for individuals who have sight impairments.

<b>Games and Activities</b>		
<p>Play Station 3 12G with Move Starter Pack</p>		<p>After set up, this console can be played by movement of the controller only- suitable for young people with physical or learning disabilities.</p>
<p>Large Print Scrabble</p>		<p>The larger print letters aid individuals who have sight impairments.</p>
<p>Touch and Match dominos</p>		<p>This game is suitable for all including individuals who are blind.</p>
<p>Balancing Cactus Game</p>		<p>This is a tactile game, suitable for all particularly individuals who have sight impairments.</p>
<p>Touch and Match Sensory Board</p>		<p>This is a tactile game, suitable for all, particularly individuals who have sight impairments.</p>

<p>Mr Stink Book (Braille)</p>		<p>Braille is used as a reading device for individuals who are blind.</p>
<p>Wikki Stix</p>		<p>Wikki Stix are a reusable arts and crafts material. They can be shaped in particular ways to make objects such as flowers. These are particularly useful for individuals who are blind.</p>
<p>Lets Sign songs for Children</p>		<p>Sign language is used by many individuals who are deaf or hearing impaired. This item is a fun way to use, learn and practice basic signs.</p>
<p>Makaton Games- Learning through Play</p>		<p>Makaton is generally used by children who have a learning disability or have no or little speech. This item is a fun way to help children who are disabled and non-disabled to use Makaton together.</p>

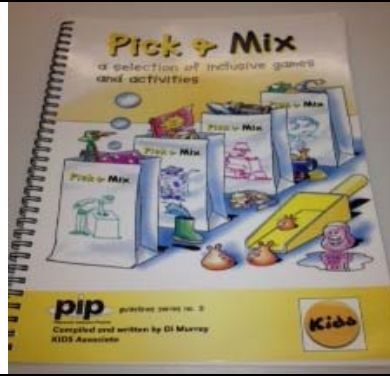


<b>Kitchen Equipment</b>		
RNIB Vocal Talking Kitchen Scales		This items allows individuals who are blind to cook independently or with as little help as possible. Perfect for programmes such as developing life skills.
Talking Measuring Jug		As above.
Audio/Vibratory Liquid Level Indicator		This devise tells you when your liquid is nearing the rim, useful for individuals who are blind or who have sight impairments.
<b>Other Items</b>		
Makaton Parent/Carer Complete Training Pack 1		A useful Makaton resource guide for staff and volunteers.
Pen Friend		The Pen Friend is a digital devise that 'reads' objects and items. The devise recognizes the labels attached to the objects and will play a pre-recorded description about it.

Feelings Resilience Cards		Resources such as this are useful when working with young people who have aspergers or autism (social & communication disability) or young people with learning disabilities.
Cherry Large Print Keyboard (XXL)		This keyboard aids individuals who have a sight impairment. The print on each key is larger (size 40 font) and text is white on a black background (this contrast also aids visibility).
RNIB Lightweight Table Light with Flexi-Arm		Improving lighting can improve visibility for a individual who is visually impaired. Good lighting should be clean, bight and white.
Lets Sign Pocket Dictionary		This can be used to aid communication with an individual who uses sign language or for learning everyday signs.



Pick and Mix  
(inclusive games)  
book.



This book provides an  
extensive list of games  
and activities that are  
inclusive to all.

For more information contact:

Helen McVitty-O'Hara  
Youth Inclusion Hub Coordinator  
Mencap  
Segal House  
4 Annadale Avenue  
Belfast  
BT7 3JH

Or email [Helen.McVitty-OHara@mencap.org.uk](mailto:Helen.McVitty-OHara@mencap.org.uk)

Telephone 028 9069 0151