

What is Universal Credit (UC)?



Universal Credit (UC), is the name of a benefit that some people who do not work, do not work many hours, or who do not earn much money can get.



The money is to help to pay for your living costs.

Living costs include things like rent , food and energy bills.



Who can get Universal Credit?

You can get Universal Credit if you:

live in the UK





are 18 or over (you can sometimes get Universal Credit if you are 16 or 17)



have £16 thousand or less.

This is the same amount if you are a couple or a single person.



You can also get Universal Credit if you get a letter saying that your benefit is ending and you need to claim Universal Credit.



Universal Credit money is made up of:

Standard Allowance

This is money for you (and your partner if you live with them).



Extra money

You might get extra money if you:



have children



pay for childcare



have a disability or health condition



care for someone who gets a benefit
for their disability or health condition.



You might also get extra money to
help to pay for your housing costs.

Housing costs include things like rent.

