

What to do if your friend is jealous of another friend



Listen to what your friend has to say.

Calmly tell them how you feel.



You could plan to spend some time together.



Let them know that you like having other friends too.

Try to include them with your other friend.



You have the right to friendships.

You can have more than one friend.



If your friend upsets you, talk to someone you trust who can help you.

You can tell your friend you need some space.



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