



Treat me well

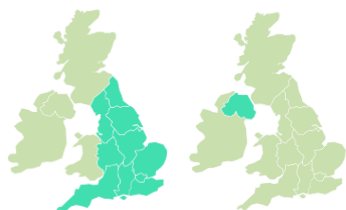
Setting up a campaign group



Treat me well is Mencap's new health campaign to make hospital care better for people with a learning disability.



We want people to work with their local hospital staff to make things better for people with a learning disability.



There are lots of new Treat me well groups working with hospitals all over England and Northern Ireland.



This Easy Read guide tells you what you need to do to start a Treat me well campaign group in your area.



Please check first to see if there is a Treat me well group in your area already, [using the map on the Mencap website](#).

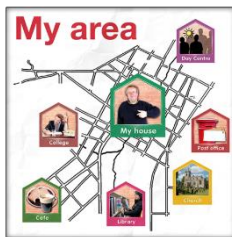


Arranging your first meeting

If you are a part of an advocacy group or a local Mencap group, it would be useful to talk to other groups to see if they are interested in being part of the group.



It could be easier to start a Treat me well campaign group in your area with other people so that you can all work together.



Get in touch with the Learning Disability nurse at your local hospital, if there is one, and ask them to come to the meeting.



If you would like help planning what to do in your first meeting, please contact the Campaigns team using the contact details at the end.



What to talk about with your Treat me well campaign group



Decide as a group what things you would like to change at your hospital.



Fill in our [Easy Read Treat me well Campaign plan](#). This will help you decide what your Treat me well campaign will do.



Write to the Chief Executive of the Hospital Trust that runs your local hospital and tell them about your group and your campaign.



You may want to hold an event at your hospital to spread the word about your Treat me well group.



2. Easy read signs

- You could find out what the signs are like around the hospital. Think about what would make getting around the hospital easier.
- Are the signs clear around the hospital?
- What could help make the signs clearer around the hospital?



3. Easy read information / appointment letters

- You could have a look at examples of letters that the hospital sends out (please make sure the that names and addresses are crossed out and you are happy to share what the letter says with your group).
- What do the appointment letters look like? Are they easy to understand?
- What could help make them clearer?
- Can people request Easy read information and appointment letters?
- How do you ask for an appointment letter in a different format?





4. Learning disability acute liaison nurse

- Is there a Learning Disability nurse that works in your hospital?
- If so, how do you get in touch with them?
- How do people get in touch if they are not known to the Learning Disability nurse?
- What happens when the Learning Disability nurse is not working?

5. Find out what your hospital does to support people with a learning disability.

- Some hospitals have a patient experience group. This might include lots of other disability groups.
- This is where the hospital asks you about what could help improve your experience when you go into hospital.
- It is a good way to let them know about some of the problems that a person with a learning might have, when accessing the hospital.





- You could talk to them about making signs clearer, Easy Read appointment letters, accessing Learning Disability Liaison nurse, or other things that matter to you.
- You could tell them about Treat me well campaign.



Where to look for more information

You can find our Easy Read Treat me well campaign resources here:

- [Sorting out problems with your hospital care – Easy Read guide](#)
- [Getting the support you need in hospital – Easy Read guide](#)
- [Your rights in hospital – Easy Read guide](#)
- [The Accessible Information Standards 2015 – Easy Read](#)
- [Equality Act 2010 – Easy Read](#)
- [The Mental Capacity Act 2005 – Easy Read](#)





Keep in touch with Mencap's Campaigns and Activism team



If you would like some advice on how to set up a Treat me well group or want to share what your group has been doing, we'd love to hear from you!



We have 4 Campaign Officers in England. Our Campaign Officers will be able to give you some advice about what your Treat me well group could campaign on.



Don't forget to tell everyone what you are doing on social media: contact us on [@mencap_charity](https://www.instagram.com/mencap_charity) and use #Treatmewell



Join our Facebook group to talk to other Treat me well groups and campaigners. Please email campaigns@mencap.org.uk if you would like to be added.

Contacting us



Email us on campaigns@mencap.org.uk and we'll put you in touch with your local Mencap Campaigns Officer.



Or call us on 0207 696 5605 if you would like to speak to someone about your campaign.



Thank you and happy campaigning!